

Cross Stitch

A cross stitch is **TWO** diagonal stitches that make an **X** inside a square and can be used to make letters and patterns on fabric!

Often we used checked **gingham** fabric to help us learn cross stitch, then once we have the hang of it we can choose from lots of different cross stitch projects!

STEP 1

In pencil, mark on the squares of your fabric the letters or pattern you'd like to stitch. (You will need a chart to show you how to do the letters at first!)

Remember to tie a knot in your thread to start!



STEP 2

Bring your needle up in one corner of the first square. **First** we are going to make **one** diagonal stitch in each of the squares of the first letter.

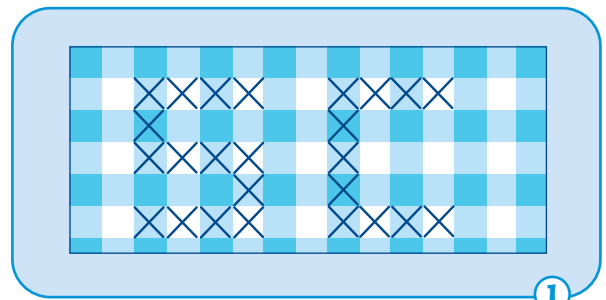
STEP 3

When all of the **first** diagonal stitches of the letter are done, we can do our **second** diagonal stitches, to make an **X**, in each square of that letter. When you've finished the first letter, you can move onto the next one.

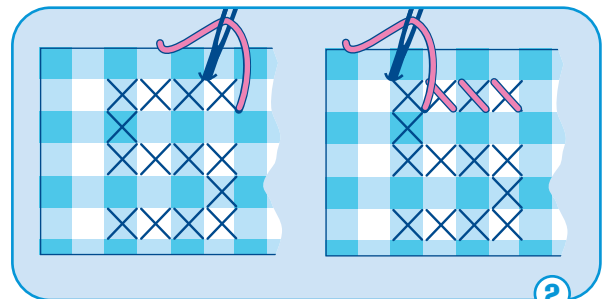
Do you have enough thread for the next letter?

STEP 4

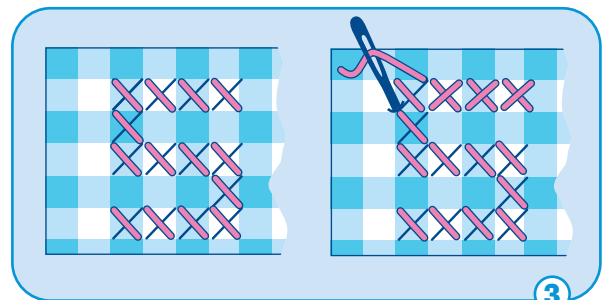
After your last stitch, bring your needle to the back of the fabric and weave your needle through the threads of the last few stitches before cutting.



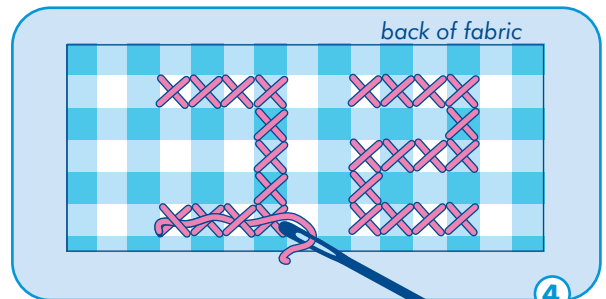
1



2



3



4